

«AGREED»

Director of the Abay region
PA «So-Kyokushin Kaikan Karate»

Q.E. Kossayev
« » 2024 г.



«APPROVED»

President of the
RPA "Kazakhstan Alliance of Martial Arts"

D.B. Khizhnyak.
« » 2024г.



REGLAMENT

**III International Tournament
for the Cup of Akim of the Abay Region
In So-Kyokushin Kaikan Karate,
among children, young men, juniors, men and girls.**



"KARATE AGAINST DRUGS AND TERRORISM"

Abay region, Semey city 2024
www.rookabi.kz

GOALS AND OBJECTIVES

The Open International Tournament for the Cups of the Akim of the Abay Region in So-Kyokushin Kaikan Karate is held with the aim of organizing youth leisure, promoting a healthy lifestyle, developing high moral and physical qualities, comprehensive development of the individual, strengthening friendship between athletes, raising the level of sportsmanship, popularizing the So-Kyokushin Kaikan Karate style among young people, and identifying the strongest athletes.

DATES AND VENUE

Venue: Abay region, Semey city, (by appointment)

Credentials committee: 11/15/2024 at 17:00 at the tournament venue

All participants, in the presence of team representatives, are required to pass the credentials committee and control weigh-in.

Judges' seminar: 11/15/2024 at 18:00 at the tournament venue

Competition days: 11/16/2024

Seminar: 11/17/2024 start at 9:00

TOURNAMENT MANAGERS

General management, organization and holding of the Cup in So-Kyokushin Kaikan Karate is assigned to the "Federation of So-Kyokushin Kaikan Karate" of the Abay region.

Director: Kosayev O.E. IV-Dan

Chief Judge: D.B.Khizhnyak.V-Dan

TOURNAMENT PARTICIPANTS

All teams of the international organization SO-Kyokushin Kaikan Karate, the public association "Federation of So-Kyokushin Kaikan Karate" of the Abay region, the Republican public association "Kazakhstan Alliance of Martial Arts" and other invited teams are allowed.

Age groups:

Boys

Reglament

6-7	-20	-23	-26	+26	1,5+1. difference 1 kg
8-9	-25	-30	-35	+35	1,5+1 difference 1 kg
10-11	-30	-35	-40	+40	1,5+1 difference 1 kg
12-13	-35	-40	-45	+45	2+1 difference 1 kg
14-15	-45	-50	-55	+55	2+1 difference 1 kg
16-17	-55	-60	-65	+65	2+1 difference 1 kg
18-21	-65	-70	-80	+80	2+2 difference 3 kg
22+	-70	-80	80+		2+2 difference 3 kg

Girls**Reglament**

6-7	-20	-25	+25	1,5+1 difference 1 kg
8-9	-25	-30	+30	1,5+1 difference 1 kg
10-11	-30	-35	+35	1,5+1 difference 1 kg
12-13	-35	-40	+40	2+1 difference 2 kg
14-15	-45	-50	+50	2+1 difference 3 kg
16-17	-55	-60	+60	2+1 difference 3 kg
18-21	-55	-60	+60	2+1 difference 3 kg
22+	-60	-70	70+	2+1 difference 3 kg

Categories may vary depending on the number of participants! If there are less than 3 people in a category, the weight category is combined. If there are more than 32 participants, a new category is added.

KATA discipline

All kata are performed according to the rules of the international organization So-Kyokushin Kaikan Karate.

14-15 years old, 16-17, 18+ (after receiving preliminary applications, depending on the number of participants, it is assumed that the following categories will be divided: 14-15; 16-17, 18+)

In case of shortage, the categories are combined at the discretion of the organizing committee, about which the team leaders are notified, no later than November 10, 2024.

Procedure:

14-15 years old, 16-17, 18+, years old (any qualification):

At the preliminary stage, athletes perform one kata (it is performed by all)

- 1. PINAN 2

In case of equality of points, it is proposed to perform the second kata determined for the preliminary stage. Required kata for the preliminary stage:

- 1. PINAN 3, 4, 5

Two athletes participate in the final, they perform one kata of their own choice, from the proposed list:

- 1. SUNCHI –HO

- 2. GEKISAI DAI

- 3. GEKISAI SHO

- 4. SAIFA

- 5. TSUKI NO KATA

- 6. YANSTU

- 7. SEIENCHIN

- 8. SEIPAI

- TERMS OF HOLDING THE CUP

- **Rules:** The Cup is held according to the international rules of So-Kyokushin Kaikan Karate, created by Sosai Masutatsu Oyama and approved by the RPA "KABI", the PA "Federation of So-Kyokushin Kaikan Karate" of the Abay region.

- **Participants:** Must provide the credentials committee with:

- Original passport.

- Original sports insurance policy.

- A receipt from the participant, parent of a minor athlete.

- General medical clearance. (Application from the instructor with the doctor's seal)
- Entry fee is 50 dollars (for one discipline)

Each participant has their own personal Equipment:

Children:

Juniors:

1. Karate-gi of the established model
2. Belt in accordance with the degree (kyu, dan)
3. Protective groin shell (white)
4. Shin pads (white, cloth), hand gloves (white, cloth).
5. Helmet mask (open model, white with closed chin and crown)

Men:

1. Karate-gi of the established model
2. Belt in accordance with the degree (kyu, dan)
3. Protective groin shell

Girls:

1. Karate-gi of the established model
2. Belt in accordance with the degree (kyu, dan)
3. Chest protection

APPLICATIONS

Application deadline: Applications will be accepted until October 28, 2024 by email:

Kyokushinkai2008@mail.ru

Secretary: Kossayeva Symbat +7 747 170 72 91

Official applications are submitted on the day of the control weigh-in

Terms:

1. Applications must comply with the established form and be certified by a doctor (opposite each name there must be a signature of a doctor and a seal of the medical institution that issued the certificate).
2. The permissible overweight is 0.5 kg. If a fighter does not correspond to the category, he is automatically withdrawn from the competition. The transfer of a fighter from one category to another, as well as the addition of new fighters, is not carried out.

3. FINANCIAL EXPENSES

The entry fee for participation in the kumite discipline is **\$50**, for the kata discipline **\$50**, participation in the international seminar **\$50**.

The organization and holding of the tournament is entrusted to: RPA "Kazakhstan Alliance of Martial Arts", PA "Federation of So-Kyokushin Kaikan Karate" of the Abay region

Accommodation: At the expense of the sending party

Meals: At the expense of the sending party

Travel: All participants (athletes, judges, representatives, etc.) - at the expense of the sending party.

Accommodation of Participants

Meeting and accommodation of athletes: Kossayev Olzhas Erzhanovich +7-705-170-72-91

These regulations are the official invitation to the tournament in So-Kyokushin Kaikan Karate, for the Cup of the Akim of the Abay region!

Osu!